

FMHL/SEC/Reg. 30/Mar'2019

March 29, 2019

BSE Limited
Department of Corporate Services
Phiroze Jeejeebhoy Towers,
Dalal Street,
Mumbai – 400 001
Security Code: 523696

Sub: Disclosure under Regulation 30 – Closure of Trading Window

Dear Sir(s),

With reference to the provisions of Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations 2015 and pursuant to provisions of Policy / Code of Conduct for Prevention of Insider Trading, the "Trading Window" for dealing in shares of the Company is closed from March 31, 2019 till further notice.

This is for your information and records please.

Thanking You
For **Fortis Malar Hospitals Limited**

Shashank Porwal
Company Secretary
M. No. ACS-51957