

Fortis Malar Hospitals 52, First Main Road, Gandhi Nagar, Adyar, Chennai, Tamil Nadu – 600 020 Tel :+91 44 4289 2222 Fax :+91 44 4289 2293 Email : secretarial.malar@malarhospitals.in Website: www.fortismalar.com

March 29, 2019

FMHL/SEC/Reg. 30/Mar'2019

BSE Limited Department of Corporate Services Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai – 400 001 Security Code: 523696

Sub: Disclosure under Regulation 30 – Closure of Trading Window

Dear Sir(s),

With reference to the provisions of Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations 2015 and pursuant to provisions of Policy / Code of Conduct for Prevention of Insider Trading, the "Trading Window" for dealing in shares of the Company is closed from March 31, 2019 till further notice.

This is for your information and records please.

Thanking You For Fortis Malar Hospitals Limited

Shashank Porwal Company Secretary M. No. ACS-51957